

## Skin Therapy

### Advanced Technology & Skin Therapy

#### Dermaviduals Enzyme Peel

Designed to remove unwanted skin cells, even skin tone, and improve skin texture as it stimulates collagen production and assists in the treatment of congested skin. It is a perfect pick-me-up.

40 min - \$90

1hr10 - \$147

#### Dermaviduals Bespoke Facial

A treatment designed specifically to combat skin that is ageing prematurely. Customised active ingredients specific to your skin are selected allowing you to receive the very best attention for your areas of concern.

Collagen is also strengthened and the tissue of your skin is restructured.

1 hr - \$140

#### Led Light Therapy

Led light therapy provides stimulation in the skins own cellular mechanisms deep in the dermal matrix for production of new collagen and elastin. The different lights allow us to treat a wide range of dermatological conditions including acne, photo damage, fine lines, wrinkles and rejuvenates the skin. It is non-invasive with no damage to the overlying epidermis which means 'no down time'. It is a relaxing and calming experience.

40 min - \$80 or Add LED to any facial 30min - \$55.

#### E light - IPL - Intense Pulsed Light

E-Light is the latest in IPL technology combining with RF (Radio Frequency). These two features result in a less invasive and more effective treatment than conventional laser or IPL.

Permanent Hair Reduction E-light can treat all hair colours. E-Light combines the already proven IPL with RF making it so effective. Say goodbye to monthly hair removal!

POA

#### Skin Rejuvenation

The E-Light IPL system helps to regenerate new collagen and elastin, enhancing skin elasticity and firmness, diminish fine lines and wrinkles and refine pore size. This process will reveal a naturally younger, fresher and healthier appearance. POA

#### Pigmentation & Vascular Treatment

E-Light is a fast, safe and highly effective method of reducing unwanted pigmentation and skin discolouration such as age spots and sun-induced freckles. It can also help reduce the appearance of vascular lesions including redness, broken capillaries, spider veins, acne, rosecea and fine red leg veins; resulting in a more even complexion.

POA

#### Skin Tightening

A skin tightening treatment without going under the knife; there is no down time and minimal discomfort. The Mono Polar RF heats collagen in the deeper layers of the skin and its underlying tissue while simultaneously protecting the outer layer with cooling. This deep heating action causes structures in your skin to immediately tighten. Over time, new and remodelled collagen is produced to further tighten and smooth skin resulting in a reduction of fine lines, wrinkles and skin laxity.

POA

#### Cellulite Treatment

The Tri Polar RF waves pass into the fatty skin layer causing breakdown of the fat membrane melting fat away. Resulting in reduction in the appearance of cellulite and achieving a smoother tighter skin.

POA

ExhaleSpa recommend a course of 14 treatments over 9 successive weeks Back of legs, hips and buttocks.

30 min - \$95                      course - \$1200

(Please note Exhale Spa's payment and cancellation policies)