

Welcome to Exhale Day Spa

At Exhale Spa use the breath to surrender to a spa therapy. Come and enjoy our extensive range of top quality treatments. We have created a first class environment to deliver on our promise of excellence for you. "Our objective is to make you feel special and ensure that you achieve the results you want." Rebecca Roland- Owner
Exhale Spa's promise is to offer the opportunity to achieve exceptional and sustainable results, through committed highly trained and passionate therapists delivering top quality treatments, in an outstanding relaxed environment. Explore our treatments, products and overall Exhale Spa experience on this site. (Please note Exhale Spa's payment and cancellation policies)

Tuesday

9:00am - 5:00pm

Wednesday

9:00am - 7:00pm

Thursday

9:00am - 7:00pm

Friday

9:00am - 5:00pm

Saturday

9:00am - 4:00pm

Visit us at 134e Raumati Road 04 299 6070 info@exhalespa.co.nz